**A Guide for Reviewing Your Workplace Motivators Assessment Results**

1. Your Workplace Motivators Assessment provides insight into **what you are most and least interested in.** (In our Car Analogy, this is “What Puts Gas in Your Tank”). This assessment reveals what gives you energy and naturally drives you to take action. Your motivators are not easily seen or observed by others.
2. As you read your Report, resist the temptation to be hard on yourself. **Be on the lookout for your strengths.** Knowing what your strengths are matters. And we’ll be looking for them together.
3. You also want to **focus only on development areas hindering** your ability to reach your goals.
4. If you find areas in your Report that seem as though they are describing someone else, and it just doesn’t seem like you, you may be right. Or it could be a ‘growth edge.’ Do not ‘throw the insight away’ until you’ve reviewed it with someone who knows you well. (Sometimes, we don’t see the growth edge---and sometimes, it just isn’t true.) Research before you discount something that could be a helpful insight for you and your career.
5. Do not try to digest this information all at once.
6. Guidelines: **Read your Report and make the following notations on areas that stand out for you:**

* (star) = *“I agree with this point wholeheartedly.”*
* (X) = *“I do not agree with this point.”*
* (?) = *“I want to learn more about this point.”*

1. **Finally, keep a sense of humor!** Be prepared to laugh and embrace your strengths AND your growth areas. (We all have them!) And they make you the special, unique you that you are.
2. **To learn more** about what the assessment revealed about what “Puts Gas in Your Tank,” watch the debrief video and use the self-paced development resources at [www.motivatorsppd.com](http://www.motivatorsppd.com). Contact us with any questions.

*“Your talents, your strongest synaptic connections, are the most important raw material for strength building. Identify your most powerful talents, hone them with skills and knowledge, and you will be well on your way to living a strong life.”*

Now, Discover Your Strengths