# DISC STYLE - READING NATURAL AND ADAPTED GRAPHS

### **DISC MEASURES**

- » What People See
- » Communication Style
- » Behaviors
- » How You Drive...

### FOUR STYLES/FOUR STYLE INDICATORS

- Dominance Problems
- Influence People
- S Steadiness Pace
- C Compliance Procedure

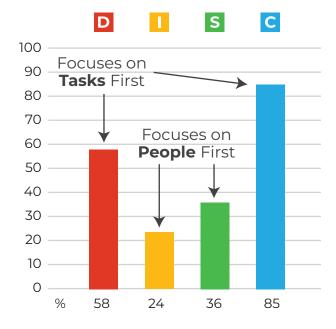
### ADAPTIVE STYLE NATURAL STYLE

How a person is currently adapting their style for work	Developed at an early age
Note where adapting 10+ points	Not likely to change
<b>Situational</b> adapting is different from Adapted Style, and can be used to improve communication	Communication style when not at work and

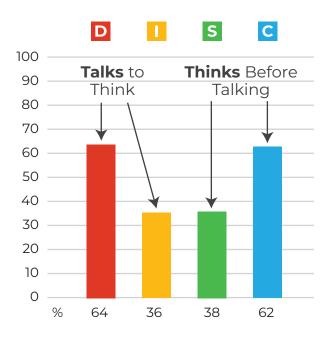
#### **ADAPTING STYLE INDICATORS**

MOVING UP	<b>WOVING DOWN</b>
D More assertive and challenge oriented	D Less assertive and challenge oriented
More outgoing and trusting	Less trusting and guarding what you share
S Slowing down your activity level, more cautious	S Speeding up your activity level and pace
C More focus on procedure and accuracy	C Less focus on procedures and details

#### **ADAPTIVE STYLE: GRAPH 1**



#### **NATURAL STYLE: GRAPH II**



HIGH BEHAVIORAL STYLE DESCRIPTORS	LOW BEHAVIORAL STYLE DESCRIPTORS
Problems: Forceful, Decisive, Competitive	Problems: Low-key, Agreeable, Modest
People: Demonstrative, Enthusiastic, Warm	People: Skeptical, Undemonstrative, Matter of Fact
S Pace: Relaxed, Patient, Consistent	S Pace: Restless, Variety-oriented, Impatient
C Procedure: Worrisome, Careful, Exacting	C Procedures: Unsystematic, Uninhibited, Independent



### DISC STYLE TENDENCIES

### **OBSERVABLE BEHAVIORS - HOW I DRIVE**

# **D – High Dominance**

- » Task Oriented
- » Fast Paced
- » Animated
- » Extrovert Talks to Think
- » Embraces Change
- » Decides Quickly
- » Direct

- » Urgent
- » Wants to Win
- » Assertive
- » No Time for Details
- » Bottom Line
- » May Be Quick to Anger



# I - High Influencer

- » People Oriented
- » Fast Pace
- » Animated
- » Extrovert Talks to Think
- » Embraces Change
- » Decides Quickly
- » Direct

- » Optimistic
- » Wants to Talk
- » Upbeat
- » Details Are Not Fun
- » Motivates Others
- » May Be Quick to Change



## S - High Steadiness

- » People Oriented
- » Cautiously Paced
- » Introvert Thinks Before **Talking**
- » Resists Change
- » Decides Cautiously
- » Indirect

- » Wants Details
- » Neutral, But Warm
- » Wants Limited Change
- » Good Listener
- » Amiable
- » Team Player
- » May Be Quick to Agree



# **C – High Compliance**

- » Task Oriented
- » Cautiously Paced
- » Introvert Thinks Before Talking
- » Resists Change
- » Decides Cautiously
- » Indirect

- » Wants Details
- » Neutral, Appears Distant
- » Analytical
- » Wants to Get it Right
- » Precise
- » Accurate
- » May Be Quick to See Mistakes

